



Berestoredcounseling.org
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July 1, 2026

To Whom It May Concern,

It is my pleasure to recommend Janessa Goudeau, who has served as an intern clinician at Be Restored Counseling. During her time with our practice, Janessa has consistently demonstrated professionalism, clinical competence, and a genuine commitment to providing high-quality care to her clients.

Janessa has developed a strong foundation in evidence-based therapeutic modalities and thoughtfully integrates these approaches into her clinical work. She is eager to learn, receptive to feedback, and intentionally continues to strengthen her clinical skills to best serve those in her care.

One of Janessa's greatest strengths is her attention to detail. She consistently maintains thorough, timely, and compliant clinical documentation while ensuring her work aligns with ethical and professional standards. This level of organization and accountability contributes significantly to the quality of care provided within our practice.

Janessa also excels in communication, particularly when working with minors and their families. She is proactive in keeping parents appropriately informed, balancing clinical boundaries with meaningful collaboration. Her ability to build trust with both clients and caregivers creates a supportive therapeutic environment and promotes positive treatment outcomes.

Beyond her clinical abilities, I have deeply appreciated Janessa's commitment to both our practice and the clients she serves. She approaches her work with integrity, compassion, and professionalism, consistently demonstrating that she is invested in helping others grow and heal.

I recommend Janessa without hesitation and am confident she will be an asset to any clinical team. She possesses the clinical skills, work ethic, and heart necessary to thrive as a mental health professional.

Please feel free to contact me if I can provide any additional information.

Sincerely,

Stephanie Munro, LPC
Owner & Clinical Director
Be Restored Counseling