

To Whom It May Concern:

I am delighted to recommend **Janessa Goudeau** for a counseling/therapist position. I have supervised Janessa for 6 months in my role as contracted clinical supervisor at Be Restored Counseling, where she has consistently demonstrated the clinical skill, professionalism, and dedication that define an exceptional counselor during her internship so far.

During their internship, Janessa showed remarkable ability to build strong therapeutic relationships with clients. She demonstrates empathy, active listening, and cultural humility, creating a safe and supportive environment that encourages meaningful engagement. Clients consistently respond positively to her approachable, nonjudgmental demeanor.

Janessa also exhibits outstanding clinical judgment and adherence to ethical standards. She skillfully conducts assessments, develops individualized treatment plans, and implements interventions with both thoughtfulness and precision. One notable example was the way she would handle mandated reporting situations and consulting with appropriate professions, which highlighted their ability to balance client-centered care with sound professional decision-making.

In addition to her clinical strengths, Janessa is highly reliable, professional, and collaborative. She communicates effectively with supervisors, colleagues, and interdisciplinary team members, and they consistently demonstrate accountability, flexibility, and a proactive approach to problem-solving. She responds to feedback constructively and embraces opportunities for growth, reflecting a commitment to continuous learning and improvement.

What sets Janessa apart is their combination of skill, integrity, and compassion. She handles challenging cases and high-pressure situations with poise, resilience, and creativity, while always prioritizing the best interests of their clients. Her contributions have had a measurable positive impact on our counseling site and the clients we serve.

I have no doubt that Janessa will excel as a licensed associate counselor. She possesses the clinical competence, personal maturity, and dedication necessary to make an immediate and meaningful contribution to any therapeutic setting. I recommend her without reservation and am confident they will be an asset to your team.

Please feel free to contact me at 480-577-0046 or ryan@thrivecounselingaz.com if you would like further details about their experience or qualifications.

Sincerely,

Ryan Hausenfluck LMFT

Clinical Supervisor

Thrive Counseling Services LLC